

**Table: Distribution of training hours – Comparison between the professional groups (1)**

Core Curriculum	Total hours	General medical knowledge, including scientific methods and fundamentals of medicine	Anthroposophical understanding of the human being and nature, health and illness	Specific competences for the therapeutic discipline		Professionalism, collaboration, patient rights, research
				Modality-specific concepts and practice	Mentored practice and project work	
Anthroposophic physician	1000	Prerequisite	250	160	500	90
Anthroposophic specialist nurse	730	Prerequisite	140	330	220	40
Anthroposophic midwife	730	Prerequisite	120	350	220	40
Anthroposophic pharmacist	600	Prerequisite	100	205	245	50
Anthroposophic dentist	500	Prerequisite	120	130	200	50
Anthroposophic psychotherapist	1000	Prerequisite	300	230	400	70
Eurythmy therapist*	1800**	300	100	550	750	100
Anthroposophic art therapist*	3000	350	160	1750	650	90
Anthroposophic body therapist	1000	Prerequisite	110	525	300	65

\* Stand-alone professional training

\*\* Additional training hours take place as part of the basic eurythmy training.